



Offer #401-HHS-012 State Resource Centers

This offer includes the following appropriations: Glenwood State Resource Center, Woodward State Resource Center, and Conner Plan

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Program Description:

Who:

Individuals who live at the State Resource Centers (SRC) have an intellectual or other developmental disability. Most of the individuals are admitted because of significant behavioral or medical issues with an additional diagnosis of mental illness. Most were prescribed at least one psychotropic medication to treat a mental illness at the time of admission.

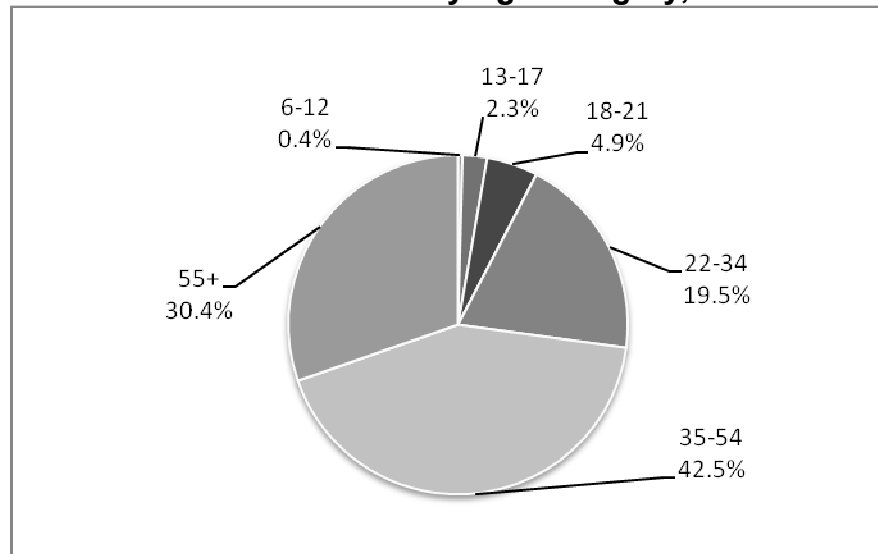
The two State Resource Centers, located in Glenwood and Woodward, provide a variety of treatment and outreach services to individuals with intellectual or other developmental disabilities. The facilities assist clients to reach their individual goals and return to their communities with discharge planning beginning at admission.

The State Resource Centers use an admission review team that works with each applicant to assure potential appropriate alternative placements have been considered and ruled out prior to consideration for admission. Individuals are admitted only after the Department of Human Services (DHS) determines there are no appropriate community based alternatives available. This determination is required under the terms of the legally binding 1994 Conner Consent Decree. There are also individuals who are committed involuntarily under a court order.

During state fiscal year (SFY) 2011, 511 individuals were served in the State Resource Centers' Intermediate Care Facilities for Mental Retardation. At the end of SFY 2011, 473 individuals resided at the State Resource Centers with 94% voluntarily admitted and 6% involuntarily committed. Of those individuals served, 81.5% had a dual diagnosis of mental illness/intellectual disability; 81% of individuals at Glenwood and 82% of individuals at Woodward.

Chart 1 shows the percentage of individuals served at the SRCs in SFY 2011 by age:

Chart 1
SRC Individuals Served by Age Category, SFY 2011



Cumulatively, the intellectual functioning levels of individuals served at the State Resource Centers are:

- 20.5% Mild
- 17.3% Moderate
- 14.4% Severe
- 47.6% Profound
- 0.2% Other

Charts 2 and 3 show the intellectual functioning levels of individuals served at each SRC in SFY 2011:

Chart 2
WRC Intellectual Functioning Level

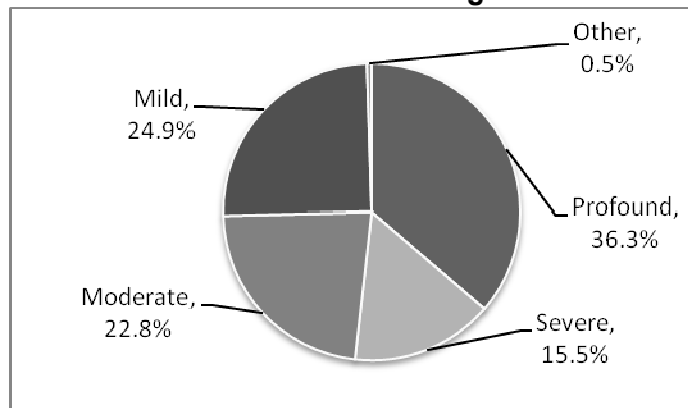
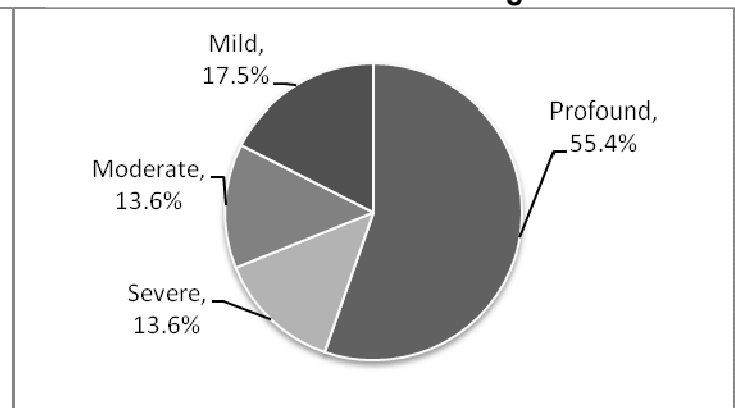


Chart 3
GRC Intellectual Functioning Level



The level and severity of intellectual disability is only a part of understanding the complex support and treatment needs of an individual served by the State Resource Centers. In addition to the high percentage of individuals with co-occurring diagnoses of intellectual disability and mental illness, of those served in SFY 2011 other challenges and needs include:

Glenwood Resource Center:

- 51% of individuals also had a seizure disorder.
- 65% were at risk for dysphagia (eating and chewing disorders) and oral motor dysfunction, also referred to as, physical nutritional management factors.
- 38% were at high risk of aspiration (getting food or liquids into the lungs).
- 59% were at high risk for sustaining injuries related to behavior.

Woodward Resource Center:

- 37% of individuals also had a seizure disorder.
- 65% were at risk for dysphasia (eating and chewing disorders) and oral motor dysfunction, also referred to as, physical nutritional management factors.
- 23% were at high risk of aspiration.
- 44% were at high risk for sustaining injuries related to behavior.

What:

The State Resource Centers are licensed as Intermediate Care Facilities for Mental Retardation (ICF/MR) and are two of the largest of Iowa's 146 ICF/MR facilities. The State Resource Centers provide a full range of treatment and habilitation services. At the end of SFY 2011 the State Resource Centers served 511 individuals or 23% of the 2,223 individuals served in Iowa's ICF/MR facilities. Included in the ICF/MR program, time-limited assessments are offered for a period of up to 31 days on the SRC campuses in order to determine effective treatment options that can be used to support an individual in the community and follow-up services are offered when the individual returns home. In SFY 2011 two individuals received time-limited assessments.

Table 1 shows the number of admissions and discharges to the SRCs in SFY 2011:

Table 1
Admissions and Discharges – State Resource Centers, SFY 2011

Type	Glenwood	Woodward	Total
Admission to SRC	8	9	17
Discharge from SRC	20	19	39
Net Change	-12	-10	-22

Table 2 shows the location of discharges from the SRCs in SFY 2011:

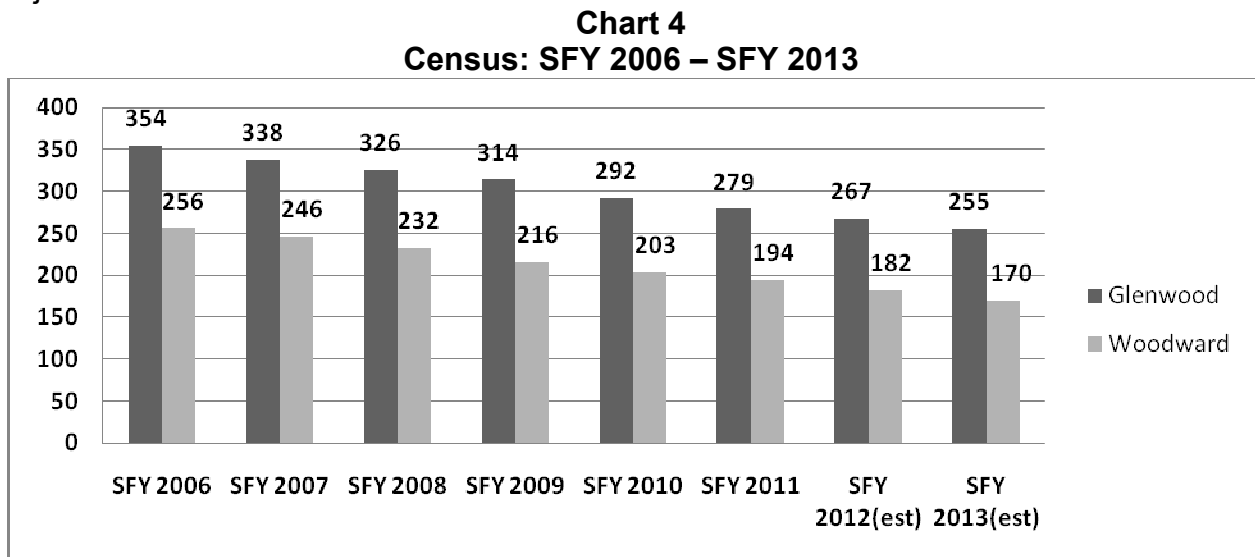
Table 2
Discharge Locations – State Resource Centers, SFY 2011

Discharge Location	Glenwood	Woodward	Total
Parents / Relative Home	3	0	3
Home & Community Based Waiver	5	9	14
Community ICF/MR	2	2	4
Other SRC	2	1	3
MHI	0	0	0
Nursing Home	1	0	1
Other Specialized Facility	1	3	4
Death	6	4	10
Total	20	19	39

At the end of SFY 2011, 473 individuals resided in the State Resource Centers' ICF/MR (279 at Glenwood and 194 at Woodward). This is a decrease of 22 individuals from SFY 2010 and a 30.6% decrease from SFY 2003, when there were 682 individuals.

The SRCs will continue to transition and support individuals moving into appropriate community-based settings and reduce up to 24 beds from the ICF/MR during SFY 2012.

Chart 4 shows the decrease in the year-end census at the SRCs from SFY 2006 through a projection for SFY 2013:



Consistent with the Olmstead Supreme Court ruling, in addition to providing ICF/MR services, the State Resource Centers provide supported employment, respite, and supported community living services which are paid for through the Iowa Medicaid Home and Community Based Services (HCBS) Waivers. The SRCs provide HCBS Waiver services in their surrounding communities at 21 locations. Glenwood currently serves 33 individuals in 9 locations and Woodward currently serves 36 individuals at 12 locations.

In SFY 2011 the State Resource Centers provided services to the following number of individuals:

Table 3
Populations Served – State Resource Centers, SFY 2011

HCBS Community Programs	Glenwood	Woodward	Total
Respite	0	6	6
Supported Community Living	33	50	83
Supported Employment	28	28	56

The State Resource Centers actively work with individuals, parents/guardians, and community providers for successful transition of individuals into community services. The SRCs are active participants in the Department's Money Follows the Person (MFP) Program which provides Federal grant funding for services to assist the transitioning of individuals living in ICF/MR facilities of four or more beds into community based programs.

Originating out of the Woodward Resource Center, the Iowa Program Assistance Response Team (I-PART) provides expert crisis assistance to community service organizations and programs to manage the serious behavioral problems of enrolled individuals with co-occurring intellectual disabilities and mental illness. I-PART services are provided to assure individuals are able to continue their community services and not be institutionalized, arrested, or considered for emergency discharge from the community service.

How:

Service Delivery

The State Resource Centers will have approximately 1,604 staff Full Time Equivalent (FTEs) in SFY 2012 and salaries of approximately \$113 million.

Service Support

Each facility receives technical assistance and guidance from staff in General Administration regarding corporate oversight and program support, financial accountability, infrastructure, legal services, and information technology.

Results Achieved:

Result:	SFY 2011 Actual Level	SFY 2012 Projected Level	SFY 2013 Offer
Percent of individuals who earn wages through on or off-campus employment	65%	68%	70%
Percent of discharged individuals who remain in the community for at least 180 days	95%	95%	95%
Number of individuals transitioning to the community using Money Follows the Person (MFP)	19	24	24

Sustaining service delivery assumes the level of funding requested in the offer as well as full funding of salary adjustment. If funding is insufficient in either area, results to be achieved will need to be modified to reflect the impact.

Impact of Proposed Budget on Results:**Current Results:**

- Provide access to quality treatment services for individuals with intellectual disabilities and other related conditions who are unable to be effectively served in the community. The goal of treatment services is to develop necessary skills so individuals can be served in the community.
- Retain certification from the Department of Inspections and Appeals for meeting Medicaid ICF/MR standards.
- Provide time limited assessments to assist community based providers in developing specialized skills to meet client needs.
- Facilitate the development of/and effective transition for individuals from the SRCs to community based services as required by the Conner Consent Decree through collaboration with the University of Iowa Center for Disabilities and Development.
- Woodward Resource Center in 2009 and Glenwood Resource Center in 2010 achieved substantial compliance in all areas raised by the United States Department of Justice in the investigation of potential violations of client civil rights under the Civil Rights for Institutionalized Persons Act (CRIPA) and SRCs continue to meet the finalized consent decree. Efforts will continue to assure compliance.
- Continue to place individuals into appropriate community-based settings and reduce up to 24 beds from the ICF/MR during SFY 2013.

The State Resource Centers are uniquely funded using net budgeting. Under net budgeting the annual state appropriation consists only of the estimated state share of the total facility budget. This state share is the non-Federal portion of the per diem for all individuals without a county of legal settlement. In addition, the county rate is capped in Chapter 222 of the Code of Iowa and the state share covers the difference between that capped rate and the per diem for other adult clients. The facility then has the responsibility to meet the remainder of the projected budget need by billing Medicaid, counties and other insurers.

Legal Requirements:

The two State Resource Centers are established by Chapter 222 of the Code of Iowa. The Code requires them to serve as the State's regional resource centers for the purpose of providing treatment, training, instruction, care, habilitation, and support of people with intellectual or other disabilities. There are a variety of Federal legal requirements applicable to these facilities, including the Conner Consent Decree and the United States Department of Justice Consent Decree.